



Johns Creek at Morton Road

Menu #1

BREAKFAST

- MON Scrambled Eggs, Toast, Mandarin Oranges & Milk
- TUE Cheerios with Banana Slices & Milk
- WED Turkey Sausage Biscuits, Apple Slices & Milk
- THU Cinnamon Toast, Peaches & Milk
- FRI Corn Flakes, Orange Slices & Milk

LUNCH

- MON Chicken Nuggets, Whole Wheat Roll, Green Beans, Applesauce & Milk
- TUE Turkey Meatballs w/ Gravy, Brown Rice, California Blend Veggies, Fresh Apple Slices & Milk
- WED Whole Wheat Spaghetti with Marinara and Fresh Mozzarella, Tossed Salad, B
- THU Turkey and Cheese Stackers on Whole Wheat Crackers, Carrot Sticks*, Fresh and Milk
- FRI Cheese Pizza (Whole Wheat Crust), Peas and Carrots, Fresh Apple Slices & M

SNACKS

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| MON | A.M. | Fresh Sliced Pears & Milk | P.M. | Graham Crackers & Apple Juice |
| TUE | A.M. | Fresh Apple Slices & Milk | P.M. | Tortilla Chips and Salsa & White Gra |
| WED | A.M. | Bananas and Milk | P.M. | Vanilla Wafers & Fruit Juice |
| THU | A.M. | Cucumber Slices w/ Ranch and Milk | P.M. | Cheez-its Snack Mix & White Grape |
| FRI | A.M. | Cheerios & Raisins** & Milk | P.M. | Oatmeal Cookies & Apple Juice |

All vegetables are fresh or frozen, not canned

* Children under 3 given cooked carrots